



Peacock Press



Naval Postgraduate School
MAY/JUNE 2004



Mother's Day Brunch

Sunday, 9 May 2004

Barbara McNitt Ballroom, 10:45 a.m. - 2:00 p.m.

SALADS

Caesar Salad

Roma Tomatoes with Buffalo Mozzarella

Cucumber and Calamari Salad

Tropical Fruits

Grilled Eggplant with Shitake Mushroom

Steamed Artichoke with Roasted Pepper Aoli

ENTREES

Chef's made to order Gourmet Omelet Station with Smoked Salmon, Fresh Crab Meat, Bay Shrimp, Mushrooms, Red Pepper, Spinach, Sun Dried Tomatoes, assorted Cheese and Salsa

French Toast with Syrup

Cheese Blintz with Berry Compote

Blackened Pork Loin with Apple Brandy Sauce

Grilled Mahi-Mahi with Ginger Teriyaki Sauce

Chef's Carved Smoked and Slow Roasted Beef and Leg of Lamb

Thyme and Garlic Mashed Potatoes and Fresh Vegetables

SEAFOOD BAR

Fresh Dungeness Crab and Shrimp on Ice with Cocktail Sauce

DESSERT

A selection of Fine Pastries, Pies, Cheeses and Berries

Adults \$22.75

Children 5-10 Half Price

Under 5 FREE

Reservations are highly encouraged. 16 % service charge will be added for parties of 8 or more.

Please call 656-2170 to reserve your table today.

Visit our website: www.mwr.nps.navy.mil



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NAVAL POSTGRADUATE SCHOOL

RDML Patrick W. Dunne USN
Superintendent

COL David Smarsh USAF
Chief of Staff

GSCM(SW) R.O. Murphy
Command Master Chief

Pete Dausen
Executive Director, Facilities
and Support Services

James R. Thomas
Quality of Life Director

Darlene Raish
Leisure Services Manager

Rikki Panis
Golf Course/RV Campground
Acting Manager

Megan Ryan
Child Development & Youth
Program Administrator

Hugh Butler
Executive Chef

Renee Leiva
Catering Sales Manager

Cecilia S. Legario
Newsletter Editor

The Peacock Press is a monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in
656-3060 (224)



May 2004 SCHEDULE OF CLASSES

CARIT Brief: **Fri 21 May 8-10 am ME Auditorium, NPS.** Attendance at this briefing is mandatory for military personnel retiring or separating. Failure to attend this briefing will require travel to Lemoore NAS, CA to complete this requirement. Topics covered: DD214 (Certificate of Release or Discharge from Active Duty), Household Goods/Travel, VA Benefits, Retirement Information, Social Security and more. Register **NLT 7 May 04.**

Smooth Move: **Fri 21 May 8-10 am ME Auditorium, NPS.** The workshop is open to all active duty personnel and their families. The entire relocation process will be addressed by representatives from Household Goods, Housing, Security Police, PSD, and Navy Medical Admin Unit. Register **NLT 7 May 04.**

How to Write a Good Resume: **Tues 25 May 1-3 pm FFSC, Bldg 3.**

Resumix Application Preparation:
Thurs 6 May 1-3 pm FFSC, Bldg 3.

TSP Briefings: **Tues & Wed 11 & 12 May 1-3 FFSC Bldg 3.**

Transition Assistance Program (TAP):
Tues-Fri 18-21 May 8 am - 4 pm ME Auditorium, NPS. TAP Seminars are recommended for military personnel two (2) years before retirement and 12 months before separation. Topics covered: Personnel Appraisal, Career Exploration, Strategies for an Effective Job Search, Interviews, Reviewing Job Offers, and more. A Pre-Separation briefing must be completed **NLT 7 May 04** to attend.

On-Going Classes

Chess Group: **Wednesdays 2:30-3:45 pm. Advanced Group 3:30-4:30 pm La Mesa Community Center.**

Thursdays 2:30-3:45 pm. Advanced Group 3:30-4:30 pm OMC Chapel.

Toddler Play Group: **Fridays 10:30-11:45 am La Mesa Community Center.**

Call Family Support Center, 656-3060 to register. Visit the FFSC website for update of classes: <http://www.nps.navy.mil/fsc>

MWR May 2004 Calendar of Events

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>"Navy Regulations prohibit patrons from bringing food or beverages into an MWR facility from outside sources. Thank you for your cooperation."</p>	<p>Monday 3, 10, 17 & 24 Dinner Special El Prado Room 1600-2100 SEAFOOD CIOPPINO Adults: \$9.50 Kids 5-10: \$4.75 Under 5 \$3.00</p>	<p>Every Tuesday Dinner Special El Prado Room 1600-2100 "Moist & Tender" PRIME RIB \$13.00</p>	<p>Every Wednesday Dinner Special El Prado Room 1600-2100 CHILLE VERDE Adults: \$8.50 Kids 5-10: \$4.25</p>	<p>Every Thursday FAMILY NIGHT Dinner Special El Prado Room PIZZA Adult \$6.50 Kids 5-10 \$4.00</p>	<p>Every Friday Dinner Special El Prado Room 1600-2100 FETTUCINE PASTA Adults: \$9.00 Kids 5-10 \$5.00</p>	<p>1 CLUB DEL MONTE CATERS GREAT DEALS FOR "WETTING DOWN/ PROMOTION</p>
<p>2 ITT OPEN MON-FRI 0930-1330 1430-1630 CLOSED WEEKENDS & FEDERAL HOLIDAYS</p>	<p>3 CHASING LIBERTY (PG 13) 1800 Dinner Special SEAFOOD CIOPPINO</p>	<p>4 NO MOVIE Dinner Special "Moist & Tender" PRIME RIB</p>	<p>5 MYSTIC RIVER (R) 1800 Dinner Special CHILLE VERDE</p>	<p>6 CATCH THAT KID (PG) 1730 Dinner Special PIZZA</p>	<p>7 Dinner Special FETTUCINE PASTA</p>	<p>8 TRIDENT ROOM BEVERAGE SERVICE 1600-2300</p>
<p>9 Mother's Day </p>	<p>10 LOVE DON'T COST A THING (PG 13) 1800 Dinner Special SEAFOOD CIOPPINO</p>	<p>11 MY BABY'S DADDY (PG 13) 1800 Dinner Special "Moist & Tender" PRIME RIB</p>	<p>12 LORD OF THE RINGS RETURN OF THE KING PART 2 (PG 13) 1800 Dinner Special CHILLE VERDE</p>	<p>13 NO MOVIE COMICS ON DUTY Barbara McNitt Ballroom 7:00 pm Dinner Special PIZZA</p>	<p>14 MILITARY SPOUSE DAY Dinner Special FETTUCINE PASTA</p>	<p>15 MONTEREY BAY ATHLETIC CLUB OPEN MON-FRI 0530-2100 SAT: 1200-1700 CLOSED SUN & ALL FEDERAL HOLIDAYS</p>
<p>16 MONTEREY PINES GOLF COURSE OPEN DAILY 0630-1700 AND MOST FEDERAL HOLIDAYS PLEASE CALL 656-2167</p>	<p>17 YOU GOT SERVED (PG 13) 1800 Dinner Special SEAFOOD CIOPPINO</p>	<p>18 SHATTERED GLASS (PG 13) 1800 Dinner Special "Moist & Tender" PRIME RIB</p>	<p>19 HONEY (PG 13) 1800 Dinner Special CHILLE VERDE</p>	<p>20 CHEAPER BY THE DOZEN (PG) 1730 Dinner Special PIZZA</p>	<p>21 Dinner Special FETTUCINE PASTA</p>	<p>22 MONTEREY NAVY FLYING CLUB OPEN MONDAY TO FRIDAY 0900-1700</p>
<p>23 MONTEREY PINES 19TH HOLE GRILL FOOD SERVICE OPERATION OPEN 7 DAYS A WEEK PLEASE CALL 656-2167</p>	<p>24 COLD MOUNTAIN (R) 1800 Dinner Special SEAFOOD CIOPPINO</p>	<p>25 WIN A DATE WITH TAD HAMILTON (PG 13) 1800 Dinner Special "Moist & Tender" PRIME RIB</p>	<p>26 WELCOME TO MOOSEPORT (PG 13) 1800 Dinner Special CHILLE VERDE</p>	<p>27 DISNEY'S TEACHER'S PET (PG) 1730 Dinner Special PIZZA</p>	<p>28 Dinner Special FETTUCINE PASTA</p>	<p>29 FOR PARTY RESERVATIONS AT CLUB DEL MONTE PLEASE CALL 656-2170</p>
<p>30 MONTEREY PINES RV CAMPGROUND OPEN YEAR ROUND PLEASE CALL 656-2167</p>	<p>31 MEMORIAL DAY </p>	<p>SPECIAL ANNOUNCEMENT!!! <i>We would like to inform our valued patrons that for your convenience the Trident Room, Barbara McNitt Ballroom and the El Prado Dining Room have 802.11b wireless access from your MWR dollars.</i> <i>For more information, please call 656-1046 or helpdesk@nps.navy.mil.</i></p>				

May/June 2004 Dinner Specials
Served in the El Prado Dining Room
Monday-Friday 4:00-9:00 p.m.

MONDAY DINNER SPECIAL



FRESH SEAFOOD CIOPPINO

*with Shrimp, Calamari, Crab and Mussels,
Fresh Caesar Salad and Garlic Bread*

Adults \$9.50 Kids 5-10 \$4.75 Under 5 \$3.00

TUESDAY DINNER SPECIAL



SLOW ROASTED PRIME RIB

*"moist and tender" with Aux Jus
accompanied with Horse Radish,
Baked Potato, Sour Cream and
Chef's choice dessert*

only \$13.00

FAMILY NIGHT EVERY THURSDAY DINNER SPECIAL



PIZZA

Adult \$6.50 Kids 5-10 \$4.00

WEDNESDAY DINNER SPECIAL

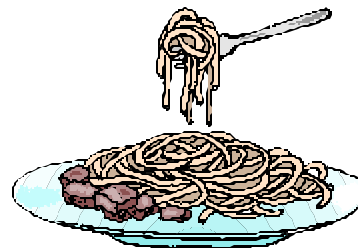


CHILLE VERDE

*Served with Refried Beans
and Salsa*

Adults \$8.50 Kids 5-10 \$4.25

FRIDAY DINNER SPECIAL



FETUCCINE PASTA

*with Grilled Chicken Breast, Bacon, Mushrooms,
Bell Peppers and Basil in White Cream Sauce.*

Adults \$9.00
Kids 5-10 \$5.00

*For more updated information
about MWR events,
visit our website at
www.mwr.nps.navy.mil*



FATHER'S DAY BRUNCH



Sunday, 20 June 2004
Barbara McNitt Ballroom, 10:45-1300

SALADS

Fresh Spinach Salad with Honey and Sesame Dressing
Grilled Vegetable Salad with Pesto
Seafood Salad
Artichoke with Buffalo Mozzarella
Jicama and Grape Fruit Salad

ENTREES

Chef made to order Omelet Station featuring Smoked Salmon,
Crab Meat, Bay Shrimp, Mushrooms, Red Peppers, Spinach,
Sun Dried Tomatoes, and Assorted Cheese Salsa
Cheese Blintz, with Blackberry Sauce
Fresh Bacon and Sausage
Grilled Red Potatoes with Herbs

Chef Carved Slow Roasted Beef with Aux Jus and Horse Radish
Crusted Salmon Florentine with Pickled Ginger Cream Sauce
Baby Back Ribs with Teriyaki Glaze
Basmati Rice with Wild Mushrooms

SEAFOOD BAR

Fresh Dungeness Crab and Shrimp on Ice with Cocktail Sauce

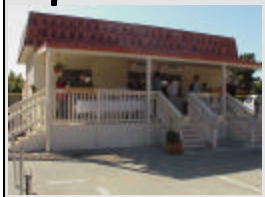
DESSERT

A selection of Fine Pastries, Pies, Cheeses and Berries
Adults \$22.75 Children 5-10 Half Price Under 5 free

Reservations are highly encouraged.
16 % service charge will be added to parties of 8 or more.

Please call 656-2170 to reserve your table today.

Cafe Del Monte



We Proudly Brew
STARBUCKS COFFEE



Great prices!
Quick Service!

HOURS OF OPERATION

Monday - Thursday: 0700-1500
Fridays: 0700-1400

***We serve daily specials
from around the world!!***

Monday - European Day
Tuesday - American Day
Wednesday - South American Day
Thursday - Asian Day
Friday - Curry Day

Single Sailors

Spring is here and we are welcoming it with a lunch on May 11 at 11:00, in the Ballroom Terrace. There will be games and prizes so plan on being there. Please RSVP to Amy by May 7th. This lunch is open to US Enlisted Single and Geo service members only.



MILITARY SPOUSE DAY

All military active and retired spouses get 1/2 price lunch special in the El Prado Dining Room on May 14, 2004.

Our navy spouses are the "heroes behind the scenes," often forgoing personal and professional aspirations, enduring long periods of separation, and willingly moving to foreign countries to become front line American ambassadors. They prove time and again their unwavering loyalty and steadfast devotion. They are an integral part of the patriotic fabric of our nation and deserve our heartfelt thanks and admiration.

THE OPENERS



Join us in the Trident Room on Friday, 4 June for an exceptional Live Entertainment.

Bring your friends and enjoy your favorite beverage.

The following MWR facilities will be closed
on Monday, 31 May in observance of



ADMINISTRATIVE AND
CATERING OFFICES
MARKETING AND
BUSINESS OFFICES
CLUB DEL MONTE

INFORMATION TICKETS & TOURS
MONTEREY BAY ATHLETIC CLUB
CHILD DEVELOPMENT CENTER
TECH CONNECTION

COMMUNITY ACTIVITIES

We have a night of laughs planned, May 13 at 7:00 pm in the Barbara McNitt Ballroom. Come see four fabulous comedians from the Comics on Duty tour; Gary Brightwell, Jeff Capri, Jack Mayberry, and Danny Villalpando. Tickets are on sale at the ITT office for only \$10.00. This show is not suitable for children under age 13.

CARDS FOR THE TROOPS

We are sending cards to the troops overseas for the 4th of July. If you would like to drop off a card of encouragement, or sign one of ours, stop by the ITT office. We have to send the cards out by June 1st in order to get them out on time. We are also taking donations of hot chocolate mix and hand wipes.

Any questions, contact Amy Caudillo at 656-3223.



**Located on
HERRMANN HALL
QUARTERDECK**

**Open
Monday-Friday
9:30 a.m. ~ 1:30 p.m.
2:30 ~ 4:30 p.m.**

**Closed Weekends
and
Federal Holidays**

HOTEL AND CASINO



Going to Las Vegas? ITT has a new hotel on their voucher program. Arizona Charlie's Decator Hotel/Casino. Weekdays \$31.00/night or weekends \$50.00/night.



Race season is underway!!

ITT have tickets to the following races: July 9-11 Honda Superbike Classic; August 13-15 Historic Automobile Races; September 10-12 Grand Prix of Monterey; October 15-17 Electronics Sports Car Championship. Ticket prices will be posted on the website.



FATHER'S DAY TREAT

Don't forget your Dad!! Father's Day is June 20th. Stop by the ITT Office to get him See's Candy, Race Tickets, a fishing trip with Randy's or any of our other great items.

NEW, UNIVERSAL STUDIOS

Front of the Line Passes, only \$63.25!! Pass includes priority access to ALL attractions, plus some behind the scenes privileges for some of the shows.

Please stop by the ITT Office for all information regarding this ticket.

MAY	UPCOMING ITT TOURS	PRICE
1	Baseball - Giants vs Florida Marlins	\$45.00
8	San Francisco Get Acquainted	\$23.00
15	Winchester Mystery House	\$40.00
22	Great America	\$45.00
29	Baseball - Giants vs Colorado Rockies	\$45.00
29-31	Knott's Berry Farm, Disney & Magic Mtn Adult Child	\$225.00 \$199.00
JUNE		
5	San Francisco Legion of Honor Museum	\$23.00
12	San Francisco Jazz Festival - Tomsz Stanko Quartet	\$23.00
19	Baseball San Francisco Giants vs Boston Red Sox	\$45.00
26	Hearst Castle	\$45.00
JULY		
3	Baseball - Giants vs Oakland A's	\$45.00
3-5	Knott's Berry Farm/Disneyland/Magic Mtn Adult Child	\$225.00 \$199.00
10	San Francisco Get Acquainted	\$23.00
17	Raging Waters	\$35.00
24	Local Wine Tasting (includes tasting fees)	\$45.00
31	Rock Climb and Hike in Pinnacles Nat'l Park Includes instruction and equipment	\$45.00
AUG		
8	Baseball - Giants vs Chicago Cubs	\$45.00
SEPT		
4	Baseball - Giants vs AZ Diamondbacks	\$45.00

SUMMER TICKETS

Summer tickets are here! Stop by ITT for Great America, Santa Cruz Beach and Boardwalk, Soak City, Six Flags Hurricane Harbor, Raging Waters and more!



OAKLAND A'S BASEBALL TICKETS ON SALE!

Tickets are \$12.25 for weekend games throughout the season. Special orders for weekday games can be placed in advance. Stop by ITT for more information.

SPORTS

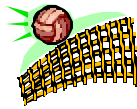


SUMMER SOFTBALL LEAGUE

League runs 3 months July 12-September 2004
Games played: Every Mon & Wed 1800, 1900 & 2000
Sign up by July 6, 2004.

SUMMER VOLLEYBALL LEAGUE

League runs 3 month July 13-September 2004
Games played: Every Tues & Thurs 1800, 1900 & 2000
Sign up by July 6, 2004.



SASS 8 ON 8 SOCCER LEAGUE

League runs 3 months July 17-October 2004
Games played: Hilltop Track Field at DLI every
Saturday time varies.

Cost: \$12.00 per player Sign up by July 12, 2004.

FITNESS

Exercise Across the USA. May 3-June 26. Earn exercise points (miles) and watch yourself cross the United States map. For every 30 minutes of exercise (walking, running, weight training, aerobics class workout or most forms of exercise) you get 50 miles (max 150 miles a day). Cost: Free without a t-shirt OR for \$10.00 earn a specially designed t-shirt ("I survived the NPS Fitness Challenge")

Weight Lifting Contest. May 14 1:30-4:00 pm. Cost: \$12.00 military. \$14.00 DOD/civilian. Power Lift (bench, dead-lift & squat) or Bench Press only. This event is for men and women. Novice lifters are welcome. Specially designed **t-shirts** for all participants. Awards: First, second & third place **medals** (ten different weight classes) and over-all champion **trophies**.

Capoeira (a Brazilian exercise). Every Tues & Thurs 6:30-7:30 pm. Cost: \$40/month, \$12/week or \$6.50/day military and DOD/civilian. Exercise to Brazilian music. This class will strengthen your core muscles and enhance your mobility and stability.

Weight Training Class (Beginning). June 7-18 Every Mon & Wed. A four one-hour sessions. Cost: Free to military, family members & reservists; \$5.00 DOD/civilian (daily fee or membership required). Learn the proper biomechanics involved in Weight Training.

Stability Ball Workout. June 1-29. Every Tues & Thurs 11:30 am - 12 noon. Cost: Free to all members. Get a quick half hour workout on the Stability Ball. (CORE exercises)

Executive Bootcamp. July 9-Sept 9. Every Thursday 11 am - 12 noon. Cost: \$20 military; \$30 DOD/civilian. A semi-annual eight-week weight lose, nutrition education, and strength/ cardiovascular training class (lecture only). How much body fat do you need to lose? IF you lose an agreed amount of body fat, participants get half the entry fee back. Body fat measurements will be taken, at the beginning and at the end of eight weeks.

PERSONAL TRAINING IS AVAILABLE TO OUR PATRONS

Welcome to our new personal trainer Shelly Howard. Shelly has several certifications, which include: Health Fitness Instructor (American College Sports Medicine), Personal Trainer (American Council on Exercise), Yoga Instructor (Sara's City Workout) and an Aerobic Instructor (Aerobic & Fitness Association of America). Shelly is a competitor in body building and is welcome arrival as a Fitness Educator/Instructor. Personal training fees are \$20.00 for a half hour or \$40.00 an hour or \$225.00 for 6 one hour sessions, by appointment only.

GROUP FITNESS CLASS SCHEDULE

HOURS	MON	TUES	WED	THURS	FRI
6:00 AM	STEP IT UP		STEP IT UP		
7:45 AM					TOTAL BODY CONDITION
11:00 AM	POWER FLEX		POWER FLEX		
12:00 PM	PILATES	SPIN (CYCLING)	PILATES		
4:30 PM	PREGNANCY FITNESS	POWER FLEX	PREGNANCY FITNESS	POWER FLEX	
5:30 PM	STEP	SPIN (CYCLING)	STEP	SPIN (CYCLING)	

No Aerobic Classes on Summer Break June 21-July 11

FITNESS CLASS FEES

ELIGIBLE PATRONS	AEROBIC DAILY	CYCLING DAILY	AEROBIC 8-PUNCH CARD	YOGA MONTHLY	YOGA WEEKLY	YOGA DAILY
ACT.DUTY/RESERVIST	FREE	FREE	N/A	\$50.00	\$15.00	\$9.00
RETIREE/FAMILY MEMBER	\$2.00	\$2.50	\$12.00	\$50.00	\$15.00	\$9.00
DOD CIVILIAN	\$3.00	\$3.00	\$16.00	\$50.00	\$15.00	\$9.00

GYM MEMBERSHIP FEES

ELEGIBLE PATRONS	DAILY	MONTHLY	1/2 YEAR	ANNUAL
ACTIVE DUTY RESERVIST	FREE	FREE	FREE	FREE
RETIREE/FAM MEMBER	FREE	FREE	FREE	FREE
DOD CIVILIAN	\$5.00	\$25.00	\$80.00	\$150.00

THERAPEUTIC MASSAGE

(Male or Female therapist now available)
Help improve performance, decrease pain
and promote relaxation!



Fees:

\$60.00 for 60 minutes massage session.
\$90.00 for 90 minutes massage session.

For appointments, please call 656-3118.

Child Development Center "CDC is the place to be!"



If your child is between the ages of six weeks and five years and you are looking for a high quality, nurturing early childhood experience - the Child Development Center (located in La Mesa Village) is the place for you! We offer full-time child care Monday-Friday 0730-1730. Please contact the center to see if a space is available as we do maintain a wait list.

Life Skills Readiness Program (Part-Day Preschool Enrichment Program)
Offered thru 4 June 2004 9:00 - 11:30 am

Summer Fun Program (July 12th-30th) 9:00-11:30 am
Enrichment program for children 3 to 5 and fully potty trained.

Sessions available: 2 days a week Tuesdays & Thursdays
3 days a week Mondays, Wednesdays & Fridays.

Fall Part-Day Preschool August 9 - June 2005.

Jellyfish Drop-In Care Room: Jelly Fish Drop In hours are 8:30 am-2:00 pm. Reservations can be made up to one month in advance. (On May 1st reservations for June can be made). Please keep in mind if cancellations are not made prior to the scheduled appointments, a \$5.00 fee will be charged. Care is available Monday-Friday for children ages 1 year (walking) through 6 years. The rate is \$3.50 per hour plus an additional \$.50 for snack and \$2.00 for lunch. Afford yourself the extra time you need for appointments, to run errands, or to have a little adult time to yourself. We have lots of fun!

The Jellyfish Drop In Room will close at 12:00 noon on May 21st for Staff Training.

Before School Care is available for children ages 5-12 years attending La Mesa Elementary School.

Kindergarten Registration. Monterey Peninsula Unified School District Kindergarten registration began April 12th. Registration packets may be picked up at La Mesa Elementary School. You will need your child's birth certificate, immunization record and proof of residence. For more information, please call La Mesa Elementary School at 649-1872.

If you are interested in Before and After School Kindergarten Care, please complete a Request for Care Form at the CDC front office. Before and After Kindergarten Care is offered in our Full Time Pre-School Classrooms. Fees are based on total family income and prorated \$10.00 a week since lunch is not provided.

Important Note: All children attending our program that need transportation to and from school must be enrolled in an afternoon Kindergarten session at La Mesa Elementary School. For more information, please call the CDC at 656-2734.

Mother's Day Poem



On Mother's Day we go up first, so full of plans we almost burst.
We started breakfast right away, as our surprise for Mother's Day.

We picked some flowers then hurried back, to make the
coffee rather black.

We wrapped our gifts and wrote a card, and
boiled eggs - a little hard.

And then we sang a serenade, which burned the toast, I am afraid.

But Mother said, amidst of cheers, "Oh What A Big Surprise,
My Dears."

I've not had such a treat in years." And she was smiling to her ears.

Unknown.



The Child Development Home program offers Navy certified care by military family members in their homes.

Interested in pursuing a rewarding career and working at home? How about becoming a Child Development Home Care provider? You'll receive extensive training, become First Aid/ CPR qualified and be part of our dedicated team of professionals that provide child care in their homes. Give us a call! We'll be happy to give you more information, and assist you through our CDH certification process!

The Benefits: You can stay home with your own children, offer authorized quality child care for others in your La Mesa residence, share in the financial support of your family, and have fun!

All of our programs are open to active duty military, reservists in active duty status, military retirees, and DOD civilians. Please call 656-2734 for more information.

MAY 2004 SCHEDULE OF EVENTS

MWR TEEN EMPLOYMENT PROGRAM



*2004 Summer Employment Program for Teens
16-18 years of age. Must be available 31 May - 30 July 2004.*

All teen applicants must have a parent who is an active duty, retired military, or a DOD civilian employee. Selected candidates are required to take First Aid, CPR, Child Abuse Prevention and Identification and other youth training. Application forms are available at the MWR Tech Connection Teen and Youth Center, La Mesa Village, 1222 Leahy Rd, Monterey, CA 93940. For more information, please call Daniel McCune, Teen/Sports Coordinator at (831) 656-2127.



SPLISH SPLASH N2 SUMMER CAMP

*Camp starts June 7, 2004
Space is limited*

*Registration Dates:
May 3-7, 2004 for SAC/CDC
May 10-14, 2004 for Military/DOD*

Open to military and DOD families age 6 (kindergarten graduate) thru age 10 going into 5th grade).



SAN FRANCISCO GIANTS FIELD TRIP Thursday July 22, 2004

S.F. GIANTS VS. S.D. PADRES

Cost: \$15.00 + extra money for concession stands

*Departs: 9:45 am at the Tech Connection
Returns: 5:30 pm at the Tech Connection*

*First come first serve basis
Limited to 32 children and 5 parent volunteers.
Sign up now!*

EDUCATION ENRICHMENT FOCUS GROUP - CHILDREN'S PROGRAM DEVELOPMENT - "ROBIN HOOD" MUSICAL PRODUCTION AUGUST 2004

In an effort to address some of the identified needs for enrichment in the areas of art, music, drama, and physical activities, the Monterey Area Education Enrichment Focus Group (MAEEFG) will be sponsoring the musical production "Robin Hood." This program offers local military children, kindergarten through high school, an opportunity to participate in music, drama, dance, art - scenery and set development, instruction and participation with sound and lighting equipment, costume and prop design, the art of makeup application, cooking for the cast party, as well as fun and socialization with other children and adults working in preparation of this special event.

The production is slated to be performed in late August 2004, but volunteers are needed immediately to begin organizing and structuring this event. MAEEFG is looking for parent volunteers to assist with props, costume design, make-up, music direction, marketing, production director, and several other adults to assist with various elements of the "Robin Hood" musical. The goal is to involve at least 25 children in the cast and many more in support roles. Several of the practices and production meetings will be held during the summer months to allow for flexibility of the participants.

The MAEEFG planning sessions will be Wednesday April 28th (7:00-8:30 PM) at Stilwell Community Center - Rose Room, Tuesday May 4 (7:00-8:30 PM) at the POM Chapel Annex, and an organizational meeting for all interested children, teens, parents, and volunteers will be Friday, May 7 (6:00-7:30PM) at Porter Youth Center.

Please come and assist MAEEFG in offering the local military children an opportunity to be shining stars in the production of "Robin Hood" - August 2004. Educational enrichment, fun, and a positive experience for children of all ages is the goal of MAEEFG. We need volunteers to make this goal a reality for our local military children.

For more information or to volunteer please call 242-6904, email cynthia.rothstein@monterey.army.mil or visit our MAEEFG website: <http://groups.yahoo.com/group/MAEEFG/>.



The Monterey Navy Flying Club offers excellent opportunities for aircraft rentals, recreational flying and professional flight training to Active Duty, National Guard, Reserve members and their families; Retirees and their families; Civil Air Patrol members; and federal government employees. The club's airplane rental and instruction rates are the lowest in California. Learn how to fly, meet new friends and discover the beauty of the Monterey Peninsula! Give us a call and visit our website.

www.navyflyingclubs.com/monterey

MEMBERSHIP FEES

Monthly dues: \$23.00

Initiation fee: \$30.00

Want to earn your pilot's certificate?

You have often thought about becoming a pilot. Our staff of professional flight instructors is ready to help you achieve your goal - for a much lower cost than you will find anywhere else. Ground school, the first step in learning the basics of flight, is offered in cooperation with Monterey Peninsula College or through self-study courses available through the Club.

Ground and Flight Instruction: \$25.00/hour.

COST SHARING: Our licensed pilots at the Monterey Navy Flying Club frequently fly by themselves, and through "cost sharing" of the fees for the flight, you and up to two other MWR eligible patrons can fly along. Fly over the California Coast or down it's beautiful valleys. Call the Monterey Navy Flying Club at (831) 372-7033 for more information.

AIRCRAFT RENTAL RATES



Beech (T-34) \$100.00



Cessna 152 (IFR) \$50.00



Cessna 172 (IFR) \$66.00

All rates are on a hourly basis including fuel.

Bluewater Cove Marina



Naval Postgraduate School Sailing Association

NPSSA, is dedicated to practicing and promoting the art of sailing as well as furthering Navy sailing in the Monterey area. NPSSA is comprised of students, faculty and staff from NPS and DLI, local active duty and retired personnel, and DOD civilians. Members take part in local racing events and NPSSA-sponsored cruising events. For more information on how to get involved with sailing in Monterey, contact NPSSA at npsa@nps.navy.mil.

MWR ADVISORY BOARD TO MEET WEDNESDAY, 5 MAY 2004

The next MWR Advisory Board Meeting is set for Wednesday, 5 May 2004, at 10:00 a.m. in the La Novia Room, Herrmann Hall, Bldg 220.

All Departments of the Naval Postgraduate School and tenant commands are encouraged to send representatives to these informative bi-monthly meetings.

This is your opportunity to gather the latest MWR information and to share your organization's feed back with key MWR personnel.

For more on how your command can take part in the MWR Advisory Board, call the MWR Administrative Office at 656-1049.



Go to our new website at
www.montereypinesgolf.com.

Register with our site and print off coupon good for discounted green fee. Good Monday - Friday only and golfers must present coupons at check in time.

Golf instruction available from your certified golf instructors.

DAVID HARBER/BOON CHATIVONG
Golf Professionals



	CIVILIAN	MILITARY	JUNIOR
HALF-HOUR	\$35.00	\$30.00	\$25.00
ONE HOUR	\$55.00	\$50.00	\$45.00
VIDEO HOUR	\$70.00	\$65.00	\$60.00
PLAYING LESSON	\$85.00	\$80.00	\$75.00
5 1/2 HOUR SESSIONS	\$125.00	\$125.00	\$125.00



SPRING FLING TOURNAMENT May 22, 2004 8:00 am Shot Gun



2 MAN BEST BALL
No Alibi Format

Instead of deducting the players handicap at the end of the round, each player is allowed, during the round, to replay the number of shots equaling the players handicap.

Tournament Includes:
Donuts and Coffee
Banquet Lunch
Tee Prize
Closest to the Pin
Most Accurate Drive

Tournament Fees:
Military \$35.00
DOD \$37.00
Civilian \$40.00
Annual Members \$25.00

For more information, call 656-2167.

PUNCH CARD 20 PLAY	25% DISCOUNT
MILITARY	\$180.00
DOD	\$270.00
CIVILIAN	\$360.00

10 play range cards are now available for \$40.00

MONTEREY PINES RV CAMPGROUND

Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members and DOD civilians.



*About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey), our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

DAILY RENTAL FEES

ELIGIBLE PATRON	Full Hook-Up	Partial Hook-Up
Military	\$22/Day	\$18/Day
DOD	\$25/Day	\$22/Day
Sponsored guests	\$29/Day	\$25/Day

RV VEHICLE STORAGE RATE

	0 TO 20 FT	OVER 20 FT
Military	\$15.00	\$20.00
DOD Civilian	\$20.00	\$25.00

GOLF FEES

GREEN FEES	PRIME	TWI
MILITARY	\$12.00	\$10.00
DOD	\$18.00	\$12.00
CIVILIAN	\$24.00	\$15.00

RENTALS:	Cart Rate	\$20.00
	Single Cart	\$12.00
	Rental Clubs	\$10.00
	Pull Carts	\$5.00

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR (NPS) Intranet Events Calendar - <http://onboard.nps.navy.mil/intra/>

MWR ADMINISTRATIVE OFFICES - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2170 or 656-2432.

EL PRADO DINING ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and federal holidays. For information, call: 656-2170.

Hours of Operation:

Ala Carte Breakfast: 6:45 - 10:45 a.m. Weekdays
Hot Breakfast: 6:45 - 9:00 a.m. Weekdays
Lunch: 10:45 a.m. - 2:00 p.m. Weekdays
Dinner: 4:00 - 9:00 p.m. Monday through Friday

TRIDENT ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Saturday. Closed Sundays and most federal holidays. Phone: 656-2170 or 656-7508 (after regular business hours). Hours of Operation:

Beverage Service : 4:00 - 11:00 p.m. Monday - Wednesday
3:00 - 11:00 p.m. Thursday & Friday
4:00 - 11:00 p.m. Saturdays
Dinner Service : 4:00 - 9:00 p.m. Monday through Friday

CLUB DEL MONTE/CATERING SALES OFFICE - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

INFORMATION TICKETS & TOURS - Herrmann Hall Quarterdeck (Bldg. 220). Open 9:30 a.m. - 4:30 p.m. Monday through Friday. Closed weekends and federal holidays. Closed for lunch 1:30-2:30 p.m. Phone: 656-3223.

CHILD DEVELOPMENT CENTER - La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. - 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES - Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

TECH CONNECTION - La Mesa Village, (Bldg. 444) 1222 Leahy Rd. Open for School Age Care, Monday through Friday, 2:30-6 p.m. while school is in session. Special camps offered for school breaks (all seasons) & teacher in-service days. Youth & Teen Open Recreation, 2:30- 6:00 p.m. Monday through Friday while school is in session and 0900-1800 during day camp. Closed on all federal holidays. Phone: 656-2127.

MONTEREY BAY ATHLETIC CLUB ~ (Bldg. 208). Hours of Operation: Open Monday through Friday, 5:30 a.m. - 9:00 p.m.; Saturdays, 8:00 am - 1:00 p.m. Closed on Sundays and federal holidays. Phone 656-3118.

MONTEREY PINES GOLF COURSE - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. - 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-7563.

MONTEREY NAVY FLYING CLUB - At the Monterey Airport. Open Monday to Friday 9:00 a.m. - 5:00 p.m. Phone: 372-7033.

BLUEWATER COVE MARINA - On the Coast Guard Pier, downtown Monterey. Open daily. Phone: 242-5747/656-3118.

MWR BUSINESS OFFICE - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. - 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-7954.

MWR MARKETING OFFICE - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. - 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-1170/7677.

THE FLEET & FAMILY SUPPORT CENTER - 1280 Leahy Road, Monterey, Ca 93940. Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Tel: 656-3060.

NAVY EXCHANGE TELEPHONE NUMBERS - Main Store: 373-7277; Autoport: 373-7271; La Mesa Mini-Mart: 375-0959.

NAVY LODGE - 1100 Farragut Road, Monterey, Ca 93940. Tel: 372-6133.



Peacock Press

Morale, Welfare and Recreation Department
Naval Postgraduate School
1 University Circle
Monterey, CA 93943-5000

CHECK OUT MWR'S WEBSITE!

www.mwr.nps.navy.mil